

Dear

Welcome to **OrthoEssentials!**

You're on your way to a healthy, beautiful smile that all your friends and family will admire!

When you get your braces, it will be very important to keep your teeth clean—really clean. So make sure you use the tools and products in your Crest® + Oral-B® **OrthoEssentials** program. The booklet will tell you how to brush, floss, and rinse the way we talked about. And don't forget to keep looking at the Score Your Smile Card! That way you can see for yourself just how great you're doing.

At each visit, we'll check your oral health and let you know how well you're doing. We'll also tell you whether there are any areas that you need to work on.

To see what a difference good oral health can make, just compare these images!

Poor Clean Routine
Swollen gums,
white spots on teeth



Excellent Clean Routine
Healthy gums and teeth



OrthoEssentials is the oral health program designed just for you—and we want to see you succeed. If you ever have any questions about your oral health program or your braces, please be sure to ask someone at our office or visit the site designed just for you, oralb.com/ortho. When it comes to your healthy, beautiful smile, we're on your side!

Sincerely,