

Suggested patient implementation procedure: 3 easy steps to increase compliance for improved oral health during treatment

1

Introduce OrthoEssentials to the patient

- Go over the **OrthoEssentials** program with your patient and his or her parent using the video available on dentalcare.com/ortho, and talk through the at-home oral care routine with your patient
- Give out the **OrthoEssentials** program bag and explain proper use

2

Strengthen the connection with the patient

- Recommend your patient to download the free Oral-B® app on his or her mobile device
- Program a customized oral care routine with the Oral-B App and review it with him or her
- Demonstrate to your patient the process you'll use at every appointment
 - Include the Chairside Scoring Laminate
 - Encourage the patient to assess him- or herself daily
 - Assess and review the patient's oral health with the parent present
- Have your patient and his or her parent sign the Commitment Letter

3

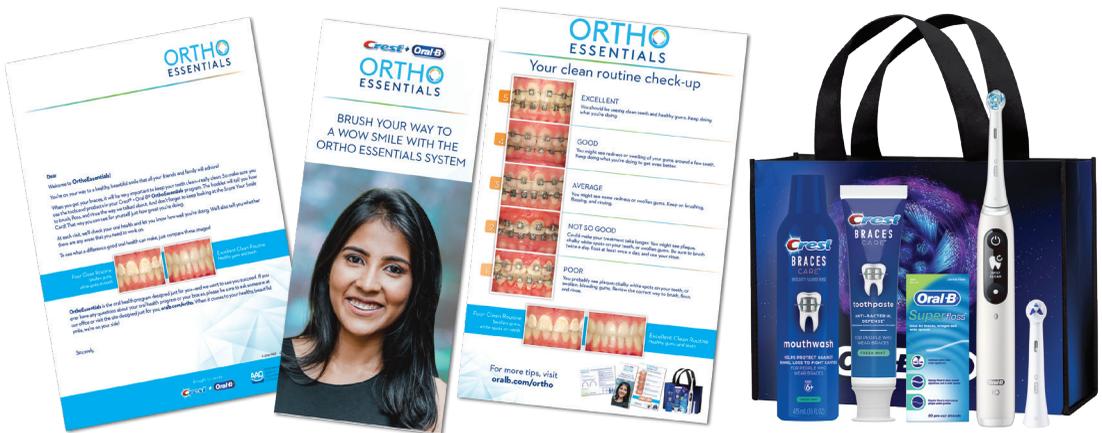
Review expectations

- Set expectations about receiving low ratings
 - Let your patient know that following the program will help achieve excellent oral hygiene and a healthy, beautiful smile
 - Go over the Low Score Letter that is sent to your patient's home and referring dental office as a result of receiving low ratings
 - Inform your patient that continual low scores require additional treatment visits until higher scores are achieved
- After discussing the program, mail the Welcome Letter to the patient



At every appointment

1. After patient sits in chair, give patient mirror and Chairside Scoring Laminate to self-score.
2. Review patient's self-score and compare with actual score.
3. Record assessment score in your files
4. Evaluate your patient's routine in the Oral-B® App, review with your patient, and make any necessary adjustments.



To see a complete braces survival guide,
visit dentalcare.com/ortho



Download the Oral-B App.



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