

ORTHO ESSENTIALS

Your clean routine check-up

5		<h3>EXCELLENT</h3>	<p>You should be seeing clean teeth and healthy gums. Keep doing what you're doing.</p>
4		<h3>GOOD</h3>	<p>You might see redness or swelling of your gums around a few teeth. Keep doing what you're doing to get even better.</p>
3		<h3>AVERAGE</h3>	<p>You might see some redness or swollen gums. Keep on brushing, flossing, and rinsing.</p>
2		<h3>NOT SO GOOD</h3>	<p>Could make your treatment take longer. You might see plaque, chalky white spots on your teeth, or swollen gums. Be sure to brush twice a day, floss at least once a day, and use your rinse.</p>
1		<h3>POOR</h3>	<p>You probably see plaque; chalky white spots on your teeth; or swollen, bleeding gums. Review the correct way to brush, floss, and rinse.</p>

Poor Clean Routine
Swollen gums,
white spots on teeth



Excellent Clean Routine
Healthy gums and teeth



For more tips, visit
oralb.com/ortho



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What's your patient's score?

Use this side of the card to determine your patient's oral hygiene score at each visit. Conditions that may be present are listed beside each rating, from 1 to 5. Use the other side of the card to show your patient his or her score and the image that goes along with it. Discuss the recommendations beside your patient's score and any other suggestions you are making.

CONDITIONS TO LOOK FOR		SUGGESTED COMMENTS
5	 <p>EXCELLENT</p> <ul style="list-style-type: none"> • Healthy gums • Clean teeth • Minimal plaque 	<p>EXCELLENT WORK!</p>
4	 <p>GOOD</p> <ul style="list-style-type: none"> • Some redness • Swelling of gums around teeth 	<p>THINGS ARE LOOKING GOOD.</p>
3	 <p>AVERAGE</p> <ul style="list-style-type: none"> • Redness • Swollen gums 	<p>YOU'RE CLOSE.</p> <ul style="list-style-type: none"> • Keep on brushing, flossing, and rinsing
2	 <p>NOT SO GOOD</p> <ul style="list-style-type: none"> • Plaque • Chalky white spots • Swollen gums 	<p>NOT SO GOOD!</p> <ul style="list-style-type: none"> • If this continues, it will lead to permanent damage • Be sure to brush twice a day, floss at least once a day, and use your rinse • Use the Oral-B® App to keep on track
1	 <p>POOR</p> <ul style="list-style-type: none"> • Plaque • Caries • Bleeding gums • Chalky white spots • Swollen gums 	<p>YOU'VE GOT SOME WORK TO DO!</p> <ul style="list-style-type: none"> • Permanent damage is likely • Serious improvement is necessary • Let's review the correct way to brush, floss, and rinse • The Oral-B App can help improve your technique at home